

RP Overview Outline

Agenda:

- Opening Activity
- Overview of Restorative Practices
- Restorative Practice Strategies
- Impact of Restorative Practices
- Taking it Back

Norms:

- Ask questions, share stories
- Respect the clock
- Solution-oriented discussion
- Respect diverse experience and opinions
- Be present

Opening Activity:

- 1) Read 3 statements related to a restorative mindset and have participants indicate how strongly they agree or disagree. Choose participants to share why they chose their position.
- 2) Statements:
 - There is goodness, wisdom, and power in everyone.
 - Students desire to be in a good relationship.
 - We have what we need to make a positive change.(Source: Boyes-Watson, C.; Pranis, K. 2015. *Circle Forward*. Cambridge, MA: Living Justice Press.)
- 3) Reflect on activity

Overview of Restorative Practices

Discuss the qualities of a good relationship and a good community. What qualities are present in the relationships in your school? In your community? Which are missing?

Describe the following:

- What are restorative practices?
- Punitive vs. Restorative Discipline
- Social discipline window

Core components of Restorative Practices:

- Restorative Mindset - share values and beliefs of a restorative mindset and discuss the impact they can have on young peoples' experience of community and relationships in schools.
- Restorative Language - share and practice Restorative Questions, "I" Statements, Empathetic Listening
- Apply Restorative Mindset and Language to Practice Restorative Conversations

Restorative Practices Strategies

- What are Talking Circles?
- What are Restorative Conversations?
- What are Peace Circles?
- What are Peer Conferences?

Impact of Restorative Practices

- What does research show about the impact of restorative practices?
- How does RP teach SEL?

- Relationship between RP and Trauma-Informed Care?
- The brain science behind RP

Taking it back

- 1) How would an advocate of RP respond to common concerns or criticism a colleague might have?
 - “Won’t using RP make me look weak?”
 - “My teachers punished me when I was a kid, and it worked for me!”
 - “How does RP prepare students for the real world?”
 - “These kids need real consequences.”
 - “I’m not comfortable sharing my feelings.”
- 2) Where is the first place you plan to try using Restorative Practices?
- 3) What existing structure at your school would easily receive a restorative upgrade?
- 4) What questions do you still have? What resources or supports do you still need?